









Bunts Sangha's S M Shetty International School & Junior College AN IB WORLD SCHOOL

"IT IS NOT WHAT

-ANN LANDERS



September - November 2021 -

Wishing all our children a Happy Children's Day!



We take great pride in announcing that our school has been recognised among the Top 20 Mumbai Schools offering the curriculum and among the Top 5 Schools in Zone C in Times School Survey 2021. This was only possible with the backing of a highly involved and supportive Management, a team of dedicated and competent faculty, efficient non-teaching staff, our engaged and enthusiastic students and our parents who walk with us every step of the way.

We congratulate and thank each and every member of the SMSISJC family.

The school is committed to be a place where "Excellence is a Habit and Compassion the Culture"





We are proud and pleased that 'Bunts Sangha's S.M.Shetty International School & Junior College' is Ranked No.1 in India under the Top International Schools – Parameter wise for 'Co-Curricular Education' - The India's School Merit Awards, 2021 in a survey conducted by Education Today.



Apeksha Fernandes, our 16 year old AS student set the pool afire at the on-going 37th Sub Junior and 47th Junior National Aquatic Championship and the 74th Senior National Aquatic Championship held at Basavanagudi Aquatic Centre,Bengaluru from 16th to 29th October 2021.Apeksha took part and won medals in all 11 races creating three new National Records at the Junior Championship

Apeksha has been adjudged the best swimmer winning the Individual Championship Trophy in the Junior as well as the Senior Championship. The school gave Apeksha a hero's welcome at the Mumbai airport.

She was honoured and felicitated by the President of Bunts Sangha Mumbai, Mr Chandrahas Shetty, Chairman Powai Education Committee, Mr B R Shetty and Office Bearers and members of Powai Education Committee









We take great pride in announcing that Samvit Mavinkurve of A Level is a winner of the prestigious Cambridge Outstanding Learner Award in the category **'Top in the World'** for AS Mathematics in the March 2021 series. He has scored 125/125 in the subject.

Heartiest congratulations to Samvit, his parents and his teachers Ms Jolly Francis and Mr Shashi Shrivastav. The Management felicitated Samvit on his stupendous achievement.





Ayaan Ram of CP II B won three gold medals in three events at Nepal's 12th International Heroes Games Championship 2021, which took place from the 2nd to the 6th of October 2021 at Pokhara Rangasala Stadium (Pokhara, Nepal).





Ayaan Ram also won gold with A+ certificate in District level Malkhambh competition.

More power to our little champ.



Ayaan Ram of CP II has been placed 22nd in the Internationally held Logical Reasoning Competition Logic-A-Thon 5.0, which took place from September 11th to September 14th, 2021.





Riddhima Pradhan of Checkpoint III secured 1st rank in Fitness Challenge hosted by Pallavi Model School, Boduppal, organized by SFAPLAY.COM





On 8th October 2021, our students from IEYC participated in the Inter School Literacy Competition organised by RBK International Academy. From IEYC I Shanaya Poojary bagged 1st prize and Vian Mehra bagged the 2nd prize in Character Parade. From IEYC II Shivansh Kapse bagged 1st prize, Naisha sharma bagged 2nd prize and Aaradhya Kumar bagged 3rd prize in design a book jacket. From IEYC III Aarzoo Dhindsa bagged bagged 1st prize in book review competition .We congratulate and applaud the efforts of all the participants.



Shanaya Poojari IEYC I



Vian Mehra IEYC I



Shivansh Kapse IEYC II



Naisha Sharma IEYC II

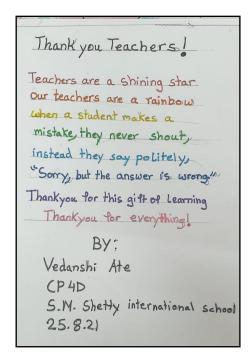


Aaradhya Kumar IEYC II

Poetry is the rhythmical creation of beauty in words.

Our young poets **Tejashree Satpute (CP IIIE) and Vedanshi Ate (CP IVD)** participated in the Poem writing competition in the month of August organised by Crejo.fun Students had to express their feelings towards their teachers with Teachers' Day just around the corner. Congratulations to the budding poets.

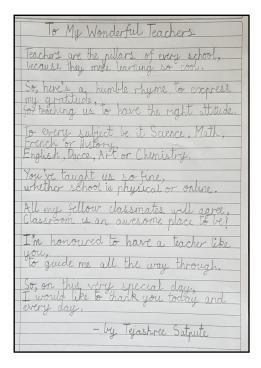






Vedanshi Ate (CP IVD)







Tejashree Satpute (CP IIIE)

TEACHER ACHIEVEMENTS

Principal, Ms Mildred Lobo has been recognized as TOP 100 Iconic Principals 2021 by SCL Rhythm Research Centre





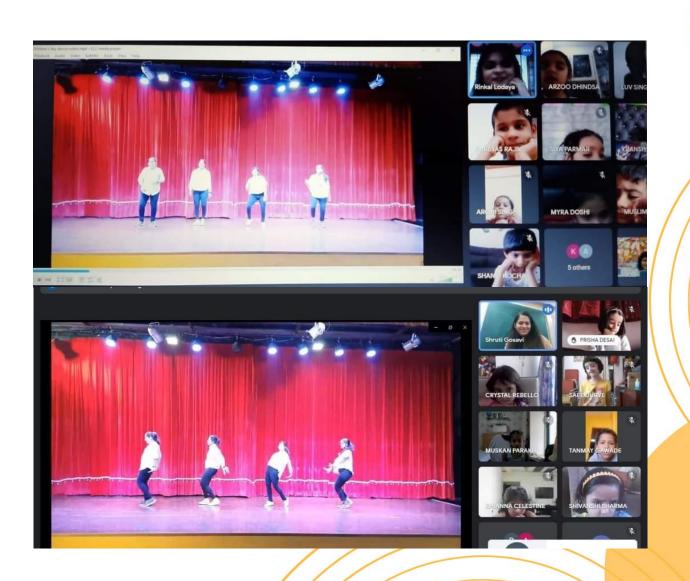
An interview with the
Principal has also been
published in CuriousTimes.in
– A global platform for
students.

Our Sports faculty, Ms. Jennifer Coutinho participated in 2nd Maharashtra State Masters Games Championship 2021 held at Indrapur, Pune. She stood 1st in 100 and 200 mtr run in 35 plus women's category. In women's Football Championship she represented Thane district.



WHOLE SCHOOL EVENTS

On the occasion of Children's Day, we at SM Shetty International School & Jr College had some mesmerizing moments with our students. Our IEYCians were made to feel special as these innocent and pure hearts are unique in their way. Sharing some glimpses of the Children's Day celebration which was celebrated on the 26th of November, 2021. Children's Day card was mailed to all the children on the 14th of November, 2021. Later a special video was presented for students which made children sit up and enjoy, was a scintillating dance performance by IEYC teachers which brought a smile to their face.

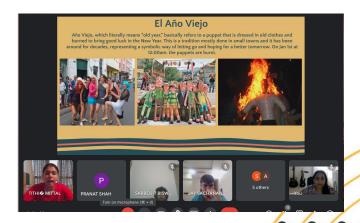


WHOLE SCHOOL EVENTS

On September 21st, Hindi Diwas cas celebrated with the theme 'Paryavaran' . Ms. Neelam Verma, Head of the Hindi Department at Wisdom High International School and author of 'Hindi Textbook Gyanganga,' and Ms. Saraswathi Suresh, an ex-teacher in Jakarta, Indonesia, were the event's chief guests. Students from CP created drawings, dressed up as trees, fruits, flowers, and animals, recited poems, danced, and shared information about India's cultural diversity and the significance of Indian festivals. The Checkpoint and IGCSE students performed a street play to raise awareness about our responsibilities to Mother Earth. They also revealed some information about Chipko Andolan. Ms. Mildred Lobo, Principal, expressed her appreciation to the distinguished guests for encouraging our students with their presence.



Hispanic Heritage Month is observed from 15th September to 15th October every year to celebrate the culture, heritage, history and contribution of the Hispanic countries: Spain, Latin America, South America, the Caribbean and Central America and Mexico. The students of IBDP 1 and 2 decided to evaluate the Hispanic gastronomy and festivals and celebrations from different Hispanic countries and compare them with their indeginous gastronomy and festivals and celebrations. Many amazing facts were presented by the students that ignited the curiosity in the learners to explore the similarities and differences between the Hispanic countries and India. The quiz time was another attraction that was enjoyed by the students.



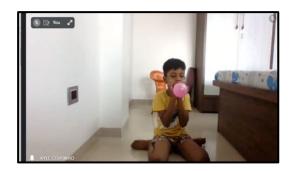


WHOLE SCHOOL EVENTS

The sports week was held in IEYC from 12th October to 14th October, 2021. Throughout this week little IEYCians displayed a variety of physical activities that enhanced their motor skills and physical well-being. IEYC 1 children displayed their balancing skill with lemon & spoon, pillows and books.IEYC 2 kids displayed their focus capacity by tapping a balloon in the air for at least 30secs and walking like a bear in between their toys. IEYC 3 children displayed their lung strength by blowing a balloon and pushing a paper glass forward.

Kudos to the PE Team and the children for making the online sports week a grand success.





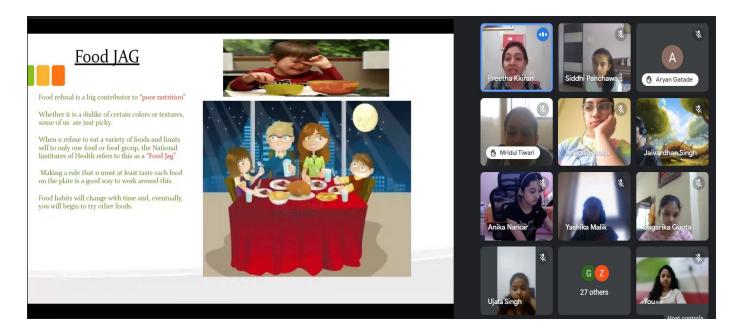








Nutritionist, Ms. Preetha Anchan, conducted a *Nutrition Talk* with Checkpoint II students The session was planned in integration with the Global perspective topic 'Beliefs about food'. Ms. Preetha briefed the students about the right kind of food necessary for the right kind of 'Health and Growth'. Students were enlightened about the importance of a balanced diet for physical as well as cognitive and emotional development.



Learning beyond Classroom

To build the bridge between subject
learning and Industry environment,
students of AS Media studies, were
taken on a commercial shoot for
"Rapido Bike" by Mr. Shritej
Patwardhan on the 25th of September.
Students got an exposure to the
nuances of the actual work and
preparation goes behind the scenes
before the final work is seen on screen.







Research is an integral part of Diploma Programme. It is always helpful to learn the best strategies from experts. Dr. Sajo Naik, a Senior Research Scientist in CMC materials, Chicago, USA conducted a session on Research skills for the students of IBDP. He has an experience of more than 25 years in the field of research. More than 50 publications and patents are in his credit during these years.

Various types of research, different stages in the method of science, steps to check the credibility of a resource before using it in research, the peer review process and the importance of academic honesty in research were some of the topics discussed in the session. Dr. Sajo shared a range of resources to access peer reviewed research papers. He also threw light on the career opportunities in the field of research. The age appropriateness in his presentation made the session highly relevant for the Diploma Programme students.





On 20th August 2021, **Dr Silvia Fernandes** addressed the IBDP Year 2 psychology students and provided some tips on how to statistically analyse data. The students learned about the Mann Whitney analysis and Wilcoxon analysis. The students were able to successfully transfer the knowledge to their own Internal assessment reports.

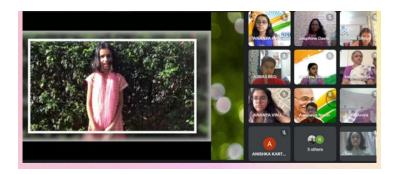
Our Jr. Student Council members, Ananya Harish, Abbas Beg, Khristina Salmon and Anjaneya Naveen organized the Harry Potter quiz competition for the students of CP V. They initiated the idea, conducted elimination rounds, planned the event and finally executed the event to perfection. We know for sure that these little magicians will carve a niche for themselves going ahead. Sahiti Patnaik and Nathan Thompson of CP VB stood out as winners of the competition. More power to our young leaders. We express our gratitude to all the parents for helping the students with the organization.



As part of the **School Enterprise Challenge – Gold Level**, students have launched their business venture **"GALORE"**. They will be selling anklets and the profits will be used towards buying gadgets for the underprivileged students in order to Bridge the Digital Divide.

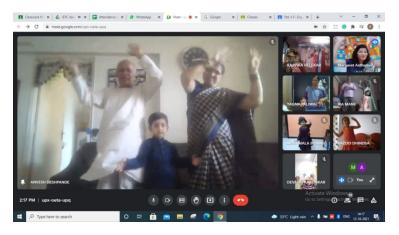


As a mark of respect to **Mahatma Gandhi-the Father of our Nation**, the student council celebrated the day with the grandparent community on 2nd of October 2021. The event commenced with a prayer song Vaisnav Janto, followed by fun activities like Gandhi Cap making, slogan making, quiz and discussion on -Why the practice of celebrating Gandhi Jayanti is important for youth and whether it should be continued in the future? The event concluded with the song Raghupati Raghav bringing in the message of love, peace and brotherhood for all humankind.





IEYCians celebrated 'World Elders Day' on 12th of October 2021. Children along with their grandparents joined the celebration, Dressed in their traditional attire, they joined in singing, dancing, fun quizzes, and shared their life experiences. The day was full of fun and frolic with the little ones and their grandparents.









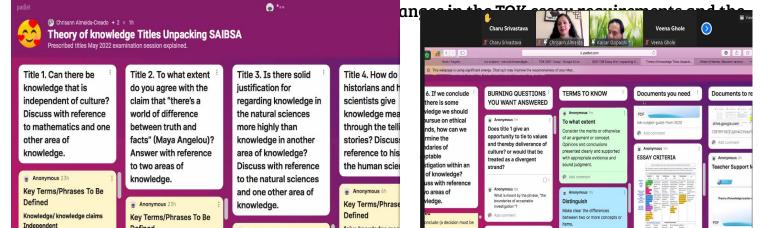
OPPORTUNITIES FOR TEACHERS

"Conscious breathing heightens awareness and deepens relaxation." says Dan Brule, the world-renowned leader of the Spiritual Breathing movement.

A session on mindful breathing by Mr. Abhishek Sharma, a Life and Meditation Practitioner. was organized on 25th Sept 2021 for the teachers. The session was headed Mr. Sharma introduced the technique of Sudarshan Kriyas and explained the benefits of following them for enhancing the capabilities of our mind and body towards a positive life experience by citing examples from different research studies. The session ended with teachers sharing their insights on the significance of relaxation techniques in reducing stress and looking forward for more such sessions in future. Mr Sharma encouraged teachers to practice the Sudarshan Kriyas and mindful breathing techniques daily.



As a part of the ongoing series of workshop sessions with SAIBSA, TOK teachers attended an online SAIBSA JOB ALIKE – TOK workshop on 2nd Oct 2021. The goal is to provide an opportunity forteachers from IB schools to get together to share good teaching practices, teaching ideas, their expertise, and explore issues/challenges relevant to the country or region and to share strategies and solutions. The workshop focussed on orienting the

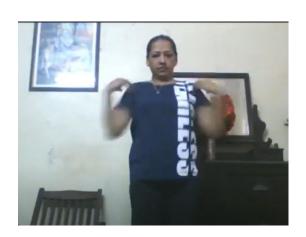


OPPORTUNITIES FOR TEACHERS

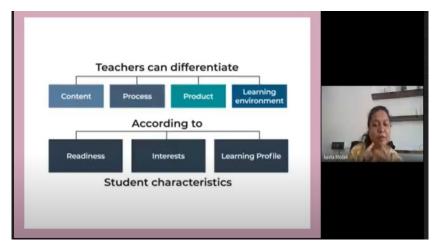
Learning Cycle



Ms. Sanju Singh [Topic: Integration of Different Subjects with Numismatics]



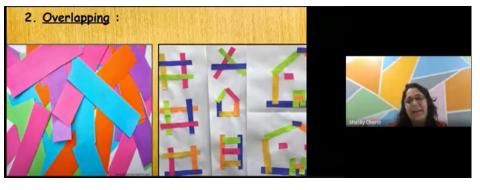
Ms. Sheetal Ranadive [Topic: Yoga for Body, Breath & Mind]



Ms. Kavita Modak [Topic: Differentiated Learning]



Ms. Joyti Shetty [Topic: Unblock your blocks]



Ms. Shanky Oberoi [Topic: Brain fun games & Experiments for Kindergarten]



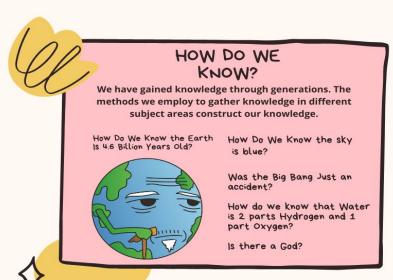
NTOK-KNOWLEDGE & THE KNOWER





by Vedant Patil

As individuals, we know very little in relation to all he Knowledge surrounding us. We gather knowledge through various ways of knowing- sense perception, reason, language, memory, intuition, faith, imagination and emotion and knowledge has been known to have passed down from generation to generation. Nearly everything around us is a result of human desire, inventions and discoveries that were born out of curiosity and pursuit for new Knowledge.



WHAT SHAPES OUR PERSPECTIVES?



You construct your perception. You construct it based on how you choose to see the world. That construction is influenced by several factors. Influences on perception include past experiences, education, values, culture, preconceived notions, and present circumstances.



KNOWLEDGE AS A MAP

Knowledge can be seen as a kind of a map, a map is used to help navigate towards a particular destination, knowledge can also be considered as a kind of map that will help you reach your destination, as long as you are willing to work hard for it.





COMMUNITIES OF KNOWERS



Some areas of knowledge are limited to certain communties and this knowledge is often forbidden to be given to outsiders

Each individual is in a community, your family can be classified as a community, your religious tribe, the area you live in. Knowledge that is restricted to communities of Knowers has the potential to die out eventually!!

CONNECTIONS TO THE IB LEARNER PROFILE

TOK makes students avid *inquirers*. The try and find out how knowledge is constructed by various methods.

TOK students strive to be *knowledgeable* about the nature of knowledge. This means becoming knowledgeable about the methods of inquiry of a variety of subject areas, from a number of perspectives.

TOK students are required to be excellent *communicators* in order to demonstrate their knowledge.

TOK students need to be *open minded* about the knowledge they receive.

TOK students need to have a balanced approach towards knowledge. They need to understand that there are several perspectives to one piece of knowledge and that they to understand and respect these perspectives.

CREDI VEDAN IBDP I

CREDITS -VEDANT PATIL IBDP I STUDENT







CAS INITIATIVES

We at SMSISJC strive to empower our students to be the ambassadors and advocates of Mother Earth, our Planet. For this, students are involved in various field visits and projects to connect them to the real world. On 1st October, a visit to Powai Lake was organised as a part of CAS activity in collaboration with Helping Hands for Humanity and Young Environmentalists Programme Trust to make the students aware of the deteriorating state of the beautiful biodiversity.

The students also witnessed the heaps of plastics and pop idols across the lake promenade post festival. Through this the students will be advocating for saving the lake.

Thank Elsie Gabriel for the collaboration and learning opportunity for our students.





The students of IBDP 2 went on a Heritage Walk in South Mumbai on 27th October. They learnt more about the history of Mumbai through the heritage structures like Sassoon Library, Asiatic Library, Cathedral of Holy Name, Kotachiwadi, Mani Bhavan, Kala Ghoda and more.





GIVING BACK TO COMMUNITY

The IBDP students had a special celebration of the 'Joy of Giving' on 28th October for the Housekeeping and Security staff. They organized games, songs, dances and played housie with them. The students spoke touchingly on how important the staff is to them and thanked them for all the services rendered with a smile on their faces at all times.

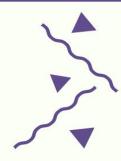




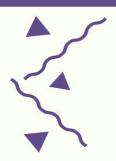


In the words of Mother Teressa, "It's not how much we give, but how much love we put in giving" Our school stood true to these words by participating in Daan Utsav in association with Human Welfare Charitable Trust (HWCT), an NGO, Non-Profit, Charitable Organization, established in 2015 with the primary goal of reaching out to support the weaker economic sections of the society. HWCT focuses on Education, Skill Development amongst children, youth, and women in Mumbai & Rural Maharashtra. Students, parents and school staff donated stationery items for this noble cause. The representatives of this NGO visited our school on 27th October 2021. The stationery items were handed over to them. They have expressed their immense gratitude to each one of us who thought of making a difference in somebody's life.





INTERNATIONAL CONNECTIONS



Under the aegis of GENERATION GLOBAL, an initiative of Tony Blair Faith Foundation, our students participated in ongoing sessions on global citizenship, encouraging them to be accepting and at ease with cultural, economical, social, and political differences.

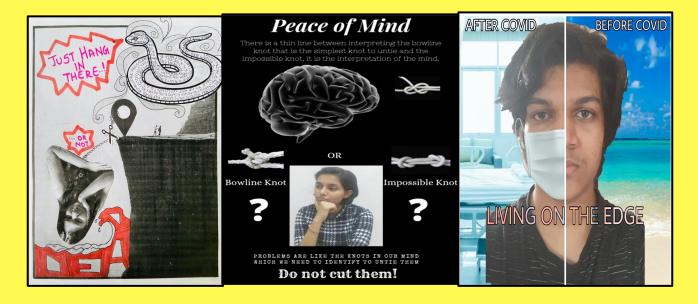


The students of IBDP-I & II, AS and IGCSE-II connected with the students of SMAN 23 Bandung School (Indonesia) and MAN2 Makassar School (Indonesia) on the 21st September, 2021('Identity and Belonging'), PrepaTec Eugenio Garza Laguera (Mexico) and SMAN58 School, Jakarta on 23rd September. 2021. 'Wealth and Poverty', Gems Millenium school, Sharjah UAE and Vocational High School, Jakarta, Indonesia on 28th, September 2021. (Quality Education in honour of UNESCO's International Literacy Day)

On 14th September, our students took part in the Hindi Diwas celebrations organized in Jakarta, Indonesia via the virtual platform. Mr. Manoj Kumar Bharti, Indian Ambassador, was the Chief Guest for the event. Our students in collaboration with the students from Jakarta enthusiastically participated in various activities like Poetry Recitation, Shloka/Bhajan Recitation, and Storytelling.



IBDP II students designed inventive and imaginative posters in the classroom using their own selfies on the topic 'Living on the Edge' giving visual expression to their inner thoughts and feelings.



On 27th September 2021, students of IBDP 1 explained the physics behind various sports and applied various concepts learned in Physics to different sports activities.



The students of CP III used the concept of 'Statistics' to develop the skills to collect, organise, display, analyse and interpret information.

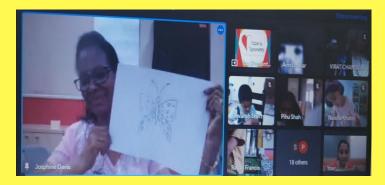




One such **Flipped**Classroom was seen in the Math class of CP V.
Students were given the topic 'Shapes' to find more information and present it in front of the class.
Students took charge as teachers and explained the concepts well to their peers. This fostered student-centric learning and collaboration.



The students of CP II witnessed a beautiful collaboration between Art and Math to learn the topic Line Symmetry.





Students of CP II enjoyed making lemonade during their English period as part of learning and understanding the various features of writing Instructional Text.



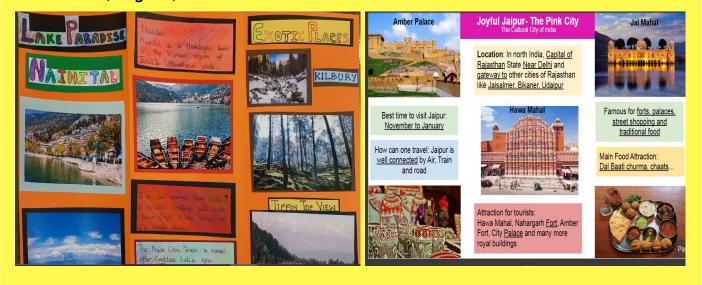


A 'Seed Germination' activity was carried out with CP III and CP IV students during their English period as part of learning and understanding the various features of writing an Explanation text on the process of seed germination.





As an extension activity for learning about the Northern Plains and Northern Mountains, students of CP IV created colourful and informative brochures. It was an interesting activity that resulted in the integration of several subjects, including Humanities, English, and Art.



Students of Checkpoint II thoughtfully designed the restaurant menu as a part of the English and Global Perspectives project.







EVENTS

Heartiest congratulations!

The Management felicitated three of our staff for their long years of dedicated service to the institution on the occasion of Teacher's Day.



Caroline Ananth (CP Faculty)



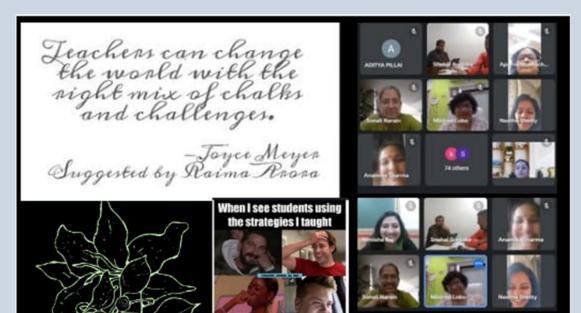
Shrutha Shetty (Executive Assistant)



Sharad Mhamunkar (Non Teaching Staff)

Teachers Day Celebrations at SMSISJC

We Congratulate and thank the Student council for their efforts in putting up a splendid event celebrating the Teachers Day on Monday,6th of September. The virtual programme honoured and celebrated all teachers for the contributions they make to education, be it Offline or Online. We want to extend our heartfelt appreciation on behalf of the entire faculty of SMSISJC. Stay Inspired!



EVENTS

In the words of Mark Twain, 'Kindness is a language which a deaf can hear and the blind can see'. On 9th September the students of CP III expressed the feelings of Kindness and Gratitude through their class assembly. At SMSISJC, we believe in inculcating these habits from a young age. Our students showcased their views on caring for animals and nature around us, causes and effects of pollution and practicing self kindness. They expressed their immense gratitude to their teachers and grandparents who are their role models. Indeed, a little act of kindness and gratitude can work wonders!!





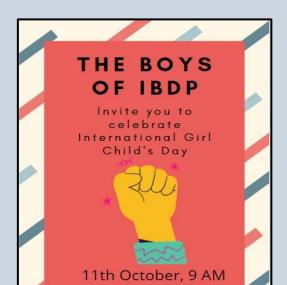




On the 11th of October, the IBDP students of Bunts Sangha's S.M. Shetty International School celebrated International Girl Child Day. The boys outlined important social issues regarding girls and women in Indian society such as harassment, gender inequality, sexual assault, the gender ratio and the lack of females in the education system and the workforce.

The show ended with a call to make a change in our personal thought, and it evoked many emotional responses from the girls for whom the program was prepared for, and the teachers as well.





Clubs

The Sci- π Club is an initiative to promote inquisitiveness amongst our students and inculcate scientific and mathematical temper among them. The students of CP I to V were engaged in topics like Sink & Float, Place value mystery, Addition & Food Pyramid via salad making activity, Machines now and then and Tessellation around us.





"Reading is dreaming with open eyes."

Peer mentoring i.e. partnering with peers has a positive influence on student's learning. Keeping this objective in mind the Junior student council along with English HOD Ms Hitiksha Thakar have started this much ambitious club - Reading Buddies, for our CP I students. The concept here is -. The students of CP V narrate stories to CP I students.

On 8th October, 2021, Ms. Madhuban Ghosh narrated a story with puppets. The first session had Liora Angela, Anshul Bathula, Tiya Survase and Jiyona Bhatt (CP V) narrating stories for the little ones. Mihir Bhandarkar of CP VB also engaged the kids in an interesting story.



Clubs

On 23rd september 2021, Ms.Huzaifah Bhaldar and Ms. Sayarabanoo Shaikh along with the students of Checkpoint II, enlightened our young environmentalists of CP by teaching them how to make a feeder in their homes to attract the 3 B's - Butterflies, Bees and Birds.

An in-house Eco-Friendly Ganesha Idol making competition was organised for the Team Green members and the winners are:

Checkpoint:

First position: Neil Gawde (Checkpoint I B)

Second position: Laranya Satpathy (Checkpoint I

C), Aarav Rathore (Checkpoint I B)

Third position: Sagarika Gupta (Checkpoint II B

),Shagun Shrivastava(Checkpoint II A).

CP:

First position: Kriday Thorat (CP IV D)

Second position : Varun Shrivastava (CP III A)

Third position : Moksha Gupta (CP IV C)

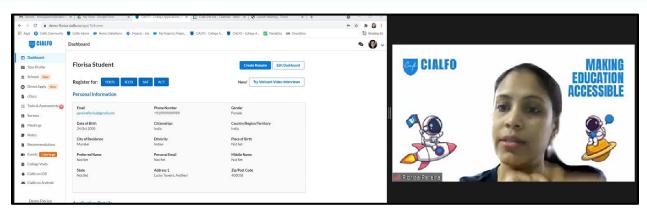


To celebrate Ganesh Chaturthi, students from CP III to Checkpoint II made eco- friendly Ganesha under Team Green initiative on 8th September 2021. Children used biodegradable materials like Shaadu clay (eco-friendly clay), natural colours, fertilisers, and have placed a seed within them. Through this initiative, students were exposed to global ecological issues and were made aware of their impact and actions towards nature.





CAREER COUNSELLING



On the **3rd of September**, Cialfo user session was conducted for students and parents across grades **Checkpoint III, IGCSE, A levels & IBDP**, by **Ms. Florisa Pereira**, Client Experience Manager at Cialfo. **What is Cialfo?**

With the focus being student benefit, the school has partnered with Cialfo, a portal that will help simplify college search and University application processes.

Key Reasons We Chose Cialfo For Our Students-

- Comprehensive Global College Search- On Cialfo, students can research and shortlist courses from over 12,000 colleges across 80 countries including the USA, UK, Canada, India, Australia, New Zealand, Singapore, Hong Kong, Germany, and more.
- **Smart Shortlisting-** Cialfo helps students build a balanced shortlist of colleges that best suits their academic and personal profiles, and that includes "likely", "target" and "reach" options on the basis of over 1 million data points.
- **Simplified College Applications-** On Cialfo, Students can directly apply to universities both in India and abroad simply by using one common profile. Applications are sent out faster, and students are also kept on track with regard to upcoming deadlines with reminders and notifications.
- Tasks & Essay Management- Students can easily access essay prompts for all foreign colleges being applied to on Cialfo. This enables them to focus on writing and reflection instead of data-gathering. The daunting and often complex application process is also broken down into smaller, bite size tasks each with its own deadline and attachments to make it a smoother, manageable, and efficient experience for students.
- Self-awareness with Assessments- Cialfo provides facility to create a comprehensive student profile with grades, test scores, extracurricular activities, and academic preferences to keep track of progress and also serves as a detailed student CV for university and internship applications.
- **Communication with Cialfo partners-** Using the Cialfo help or Chat, students can easily reach the Cialfo Team placed across the globe to seek help and clarify their doubts regarding the platform.
- **Parent Updates** Parents can be updated on their child's progress and development through Cialfo's notifications about upcoming tasks and deadlines, counselor meetings, etc.
 - Vidya Shetty
 School Career Counselor

CAREER COUNSELLING





Principal,Ms Mildred Lobo and School counselor Ms.Vidya Shetty attended a Principal and Counsellor event "Celebrating World Tourism", held on 27th of September by Swiss Education

Mr Othmar Hardegger ,Consul General of Switzerland led the participants through the possibilities in education in tourism and hospitatility in Switzeland. The event was graced by Dr Shrikant Shinde, MP who spoke about the NEP and that education must focus on practical skills and open mindsets to explore new avenues.Learning in these challenging times can seem daunting but uncertainties are a part of life and the role of Education is not just making students literate but allowing them to explore limits and pull circumstances with creativity and problem solving skills.

Principal was inducted as a Member into the Swiss Culture Committee on the occasion.

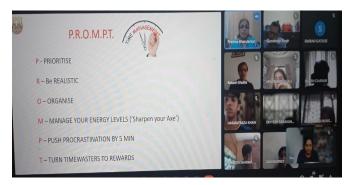
Students from grades Checkpoint III to IBDP & A Levels participated in a career fair "Higher Education in India" on 9th October,2021.It was an opportunity to directly with University interact representatives from 15 Universities and understand the programmes offered. The focus of the session was to bring to students information on varied courses scholarships, requirements and electives they can choose from. We endeavor to make our students future ready with timely planning and the right attitude towards College search.

Participating Universities were- Flame University, Ashoka University, Plaksha University, KREA University, University, O P Jindal, MIT World Peace University, Manipal group of Universities, Shiv Nadar University, Narsee Monjee Institute of Management Studies. Garware Institute of Career Education and Development, Vijaybhoomi University, Indian School of Hospitality Studies, Ahmedabad University and Russels Square.

CAREER COUNSELLING

A STITCH IN TIME (9th and 23rd September'21):

Students of IG1&2 had an interactive session with our Counsellor on managing time and handling stress. Students spoke of stressors other than academic deadlines - parental expectations; bullying; parental conflict; social media, aggressive behaviour, noises, scary moments in films, etc. Physical, emotional, behavioural and mental symptoms of stress were also discussed while giving them tips on handling them.



<u>FRAGILE! HANDLE WITH CARE! An interaction on Paren'teen': 9th October 2021</u>

Reasons for problems between teenagers and parents vary greatly since each situation is different. However, there are a few common areas where teens and parents find the most conflict: 1) Asserting independence; 2) mood fluctuations; 3) Risk behaviours, and these were discussed in detail

Development of the teenage brain and resultant behaviours (sleep, impulsivity, aggression) were discussed, in addition to mental disorders during adolescence.



Weekly movement sessions with our students with special needs



Family Engagement

Meditation is a form of relaxation that revitalises both the body and mind. With this goal in mind, on **September 25th, 2021**, a virtual platform was used to organise **a session for teachers of parents, grandparents, teachers, and students** by **Mr Dhairyasheel Pradhan, a yoga instructor** who is currently training for marathon coaching with the Bangalore-based 'Pace-makers' running academy. He adheres to the philosophy of **"A Sound Mind In A Sound Body."**

During the session, the yoga instructor demonstrated asanas and pranayam and explained their significance in life, which the participants performed at home. The session concluded with an interactive session between the instructor and the participants, during which all questions from the participants were satisfactorily answered.





On the occasion of Child health day, **4**th **and 5**th **October 2021, Dr Prajakta Katdare**, –Saraf currently has her own practice at Dr. Saraf Speciality Clinic at Vikhroli. She is also attached to Godrej Memorial Hospital, Vikhroli and Ankur Hospital, Kanjurmarg. She sensitized children to the importance of maintaining good hygiene, Eating healthy, Personal Hygiene and the importance of health and how little ones of IEYC I, IEYC II IEYC III can take care of their health.



PEEK INTO IEÝC

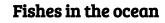








Let us learn about aquatic animals.









Pinchy Pinch Crab





Look at my Jellyfish



My rainbow





PEEK INTO IEYC

IEYC II













We are learning about "Loose Parts"

Choo Choo! Here comes an engine







My ship is sailing on the sea







Origami Dog













My collage work

Origami House





PEEK INTO IEÝC

IEYC III





Let me tell you "What I aspire to be."







Made my own Ganesha







Made yummy food, would you like to try?







Weaving activity













Madhubani art





PEEK INTO IEYC

On Thursday, 30th September our little IEYCians participated in the 'Show & Tell' activity with full enthusiasm. It allowed them to stand up in front of their friends and express their thoughts on the given topic. The activity not only made them ardent learners but also helped in developing their confidence.























PEEK INTO IEYC

Ganpati Bappa Morya

IEYC I

















IEYC II











IEYC III

















