





BUNTS SANGHA'S S M SHETTY INTERNATIONAL SCHOOL & JUNIOR COLLEGE AN IB WORLD SCHOOL

JUNE - AUGUST 2020



1 will teach you in a room,
1 will teach you now on zoom.
1 will teach you in my house,
1 will teach you with a mouse.
1 will teach you here and there,
1 will teach because 1 care.



Meritorious Service Awards

It's the teacher that makes the difference, not the classroom. – Michael Morpurgo

With the greatest of pride and gratitude ,the Management of Bunts Sangha's SM Shetty Educational Institutions felicitated 5 of our teachers for their long and dedicated years of service to our Institution.

Each one of these stalwarts has been an epitome of commitment, selfless service, compassion and excellence. Our children are blessed to be mentored by these teachers and we are privileged to work alongside them. We are very proud of each one of these teachers and wish them many more successful years in our Institution.

Mr Gurvinder Singh (Mathematics Faculty) with 20 long years ,Ms Neetha Shetty (Primary Checkpoint Coordi nator and English Faculty) Ms Jolly Francis (Mathematics Faculty), Ms Vidya Shetty (Faculty for Visual Art and Art and Design) and Ms Sunita Dubey (Hindi Faculty) with 10 years each, have been instrumental in taking our school to greater heights.



Independence Day Celebrations

The 74th **Independence Day** was celebrated by Bunts Sangha's S M Shetty Educational Institutions with great enthusiasm through the virtual medium.

Performances , songs , dances, skits by teachers and the students from all sections of the school added to the fervour of the Independence Day.The skit paid tribute to the Corona warriors like the doctors, nurses, police and the teachers .

Ananya Harish , from CP IV thanked all her teachers for making sure that students did not lose out on learning during this difficult time.

Our Chairman , Powai Education Committee, C A Shankar Shetty appreciated the efforts of teachers and urged everyone to take up the mantle of responsibility and do their best to mould our students to become future leaders.















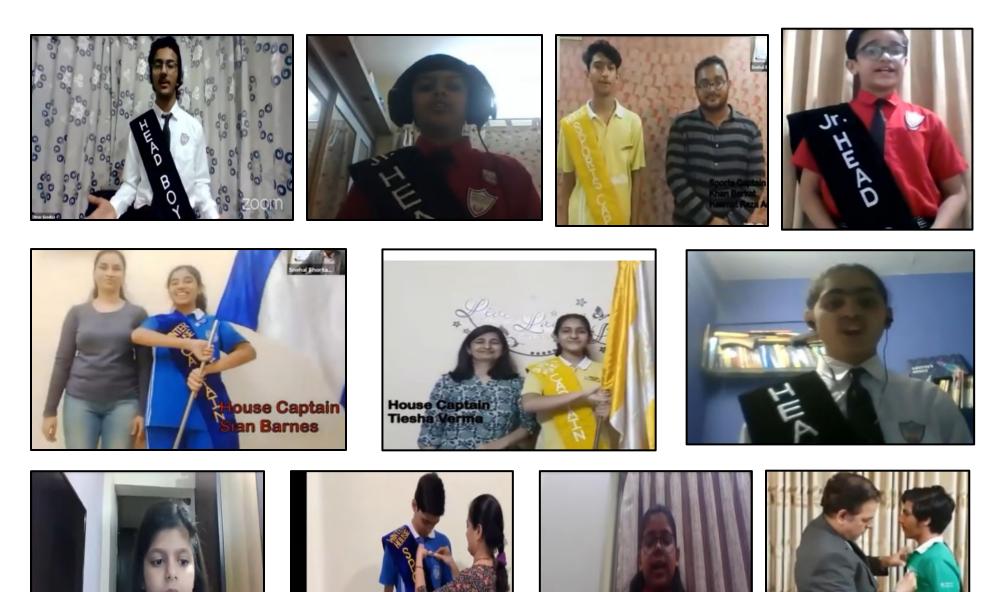




Investiture Ceremony

A virtual **Investiture Ceremony** was organized on the 4th of September 2020 for the academic session 2020-21, where the newly elected student council members pledged to work earnestly and uphold the honour and glory of the institution while receiving their prestigious badges and sash.

It was a proud moment for all the dignitaries present, school representatives , faculty members and parents to witness the students being invested with great responsibilities while embarking on a new journey as leaders. Chairman , Powai Education Committee, C A Shankar Shetty ,while commending the seamless efforts of the entire staff in organising the ceremony advised the elected students to foster strong relationships with their team members . He further added that with leadership follows immense responsibility and hard work.



buse Captain

Achievements

Our members of Management, Principal, Vice Principal and the faculty extended their heartiest congratulations to all the students who topped **IGCSE , A levels** and **IBDP** exams. They commended their efforts and wished them the very best for the future.

Cambridge IGCSE Examination Toppers - March 2020







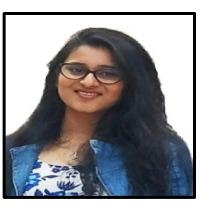
1st position- Aakash Ojha (94%)

- 2nd position- Celine Joshi (90.14%)
- 3rd position Yahvi Agarwal (89.8%)

IBDP Examination Toppers - May 2020



Ravij Lade (40 points)



Tithi Arekar (37 points)



Manya Tandon (37 points)

A Level Examination Toppers - March 2020



1st position - Stash D'souza (86.40%)



2nd position - Shushrut Devadiga (81.66%))

Achievements

The young learners of the Cambridge Primary participated in the **Global Social Leaders** (GSL) Student Competition this year. We chose the fifth UN sustainable development goal - Gender Equality as our topic.

We reached the semi-final of the Competition. The judges were so impressed with the standard of our project that they selected our team - The Gender Benders, to receive a commendation in the category of Junior Standout. We were shortlisted from a total of 249 projects!

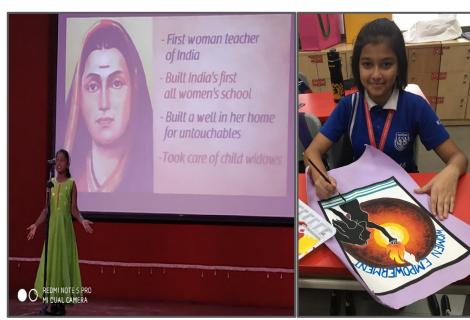
The students who were a part of "The Gender Benders":

- 1) Sagarika Gupta
- 2) Megan Salian
- 3) Om Menon
- 4) Arnav Kulkarni
- 5) Gayatri Samudra
- 6) Ishaan Malik
- 7) Anika Narkar

The students conducted an array of activities like an assembly performance depicting and urging for gender equality, interview with principal and coordinators, poster making, debates, radio buzz and light bulb activity; all focussing and impressing on gender equality.

The aim of the GSL competition is to develop students' understanding of global citizenship and how to turn their ideas into reality. Kudos to **Ms Hitiksha Thakar and Ms Sumeet Kaur** for spearheading this project and seeing it to completion.













Achievements (IEYC)

Yagna Siddharth Paliwal of IEYC I B (Nursery) has bagged the third prize in the Science and Technology Day Inter-School Slogan narration Competition organized by Seven Isles International School.



IEYC II and III students participated in the Mastermind Exams for English, Math ad EVS and have secured the following ranks at the State Level.

Nupur Bheda - 2nd rank in English and 6th rank in Math

Ayrah Bhattacharya - 13th rank in English

Ayran Khan Pathan - 14th rank in Math

Ojaswai Karkera and Moksha Panchawatkar - 12th rank in EVS Our kids from IEYC III have brought laurels to our school by winning the LogIQids Exams at the National Level.

- 1st Rank Nupur Rushabh Bheda IEYC III A Ojaswi Bharath Karkera IEYC III A Daksh Sandeep Shetty IEYC III B Siddhartha Vijay Kumar IEYC III B Sunaina Baral IEYC III C
- 2nd Rank **Prakriti Sunilkumar Badlani IEYC III A Kyra Aashdin Bhamgara IEYC III B Rewa Singh Ajit Singh Rathore IEYC III B Pranav Jitesh Rao IEYC III C**
- 3rd Rank Moksha Vijay Panchawatkar IEYC III A Saanvi Nitin Chhabra IEYC III A Aditi Rahul Rajput IEYC III C Shivansh Nitin Kale IEYC III C Pihu Abhay Shah IEYC III D Pratham Jitesh Rao IEYC III D
- 4th Rank Azmeer Khalid Zameer IEYC III A Charvi Meena IEYC III B Hazel Himanshu Soni IEYC III B Ojas Paresh Dalvi IEYC III D Vihaan Chetan Chavan IEYC III D
- 5th Rank Ayaan Kirtikumar Ram IEYC III A Sanskruti Mhatre IEYC III B Anshuman Kamlesh Jayant IEYC III C

Achievements

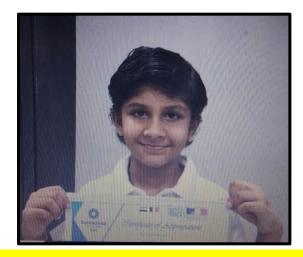
We are happy to share that **Samvit Manikurve** of AS has been nominated for the "**StoryMirror Author of the Week**" award by StoryMirror

(<u>https://storymirror.com</u>), for his poem **Through The Forest**

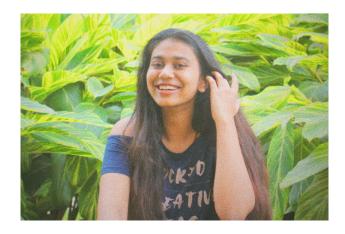
We wish Samvit success and his literary pursuits in the future!



Advay Tripathi, from Checkpoint I secured 3rd position (grade 6 category) in the French creative writing competition 'A vos plumes" conducted by Euro School Airoli, in collaboration with India Francais en Inde.

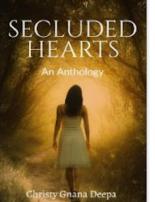


We are proud to share that at SMSISJC **Nishi Yajnik**, from A Levels, is also the proud winner of the Instagram Weekly Contest held by @delhipoetryslam on the theme 'Indianness' where she expresses what being Indian is all about through her poem- **Things That Make Me An Indian**



We at SMSISJC are proud of our French faculty **Ms Purva Mestry Ingale**. She has made her foray in the world of literature by publishing 'Secluded Hearts' which is an anthology of the works of several budding artists. She has also contributed with many prominent writers in another anthology called 'Midnight Writers'.She has also been awarded as the '**Literary Colonel**' on www.storymirror.com





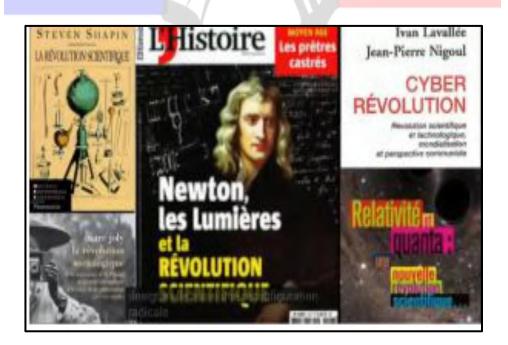


Events

This year we celebrated Le 14 Juillet **Bastille Day** with enthusiasm and passion for all things French...on an online platform. Students not only danced on French songs, made gratitude cards and posters but also gave short speeches in French.

The **Checkpoint students** performed various activities in French like singing, dancing, making gratitude cards, posters, presentations and delivering short speeches. This year the celebration was unique with the students adorning the national colours of bleu, blanc and rouge (blue, white and red).The event helped the students to develop coordination among themselves, showcase their skills & talents on an online platform, and appreciate the French culture.

The students of **IBDP** discussed the TOK question : Is revolution necessary? It was a transdisciplinary activity in collaboration with the English department .It was a fun day with a mélange of French and Indian culture.





The students and parents of **IBDP** had an Orientation Programme on 13th June 2020 and 20th July 2020 . The programme set the pace for the rest of the year and key aspects of the IBDP curriculum were addressed.



Events

'Let's Be Kind' - Inculcating the attitude of kindness The students are maintaining their own Kindness Journal by writing down every little kind act on their part. From helping their mom in the kitchen to feeding the stray dogs, our students now understand the importance of 'Being Kind'









Ganesh Chaturthi Celebrations in Virtual Mode





The students of **IBDP** celebrated Friendship Day virtually on 7th August, 2020. They say distance makes the heart fonder and we could see our students celebrate each other and this beautiful gift of friendship even when they are far away from each other. We played a few games that involved "knowing" your friend:



Events

Independence Day was celebrated with great enthusiasm and patriotic fervor on 14 th. August,2020 Students of Checkpoint showcased their love and respect for the nation in the form of song, dance, skit, posters, speeches and role plays.



Students of **IGCSE** shared ideas on ***Atmanirbhar Bharat***, the vision of our Prime Minister, on how to convert self-reliance into reality with their respective classes.



IBDP II English HL Students, Adrian George, Arya Nair, Olethea D'souza and Sharanyaa Nair expressed their understanding of what "Freedom" means to them.

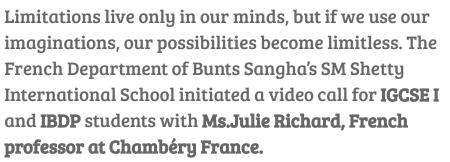


Students came dressed up like freedom fighters, soldiers, army etc while some made posters depicting the freedom struggle. Some students conducted quiz on how well we know our country. The students of **CP IV** had an activity of **T-Shirt painting** in class. They painted the Indian tricolor with great enthusiasm, on white t-shirts and also wrote patriotic slogans.



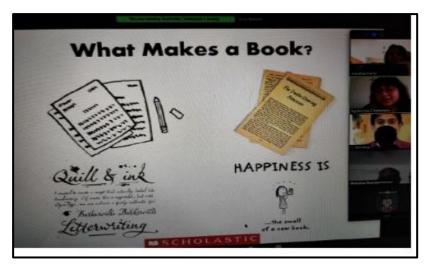


Ms Sushmita Chatterjee addressing the teenagers of **IGCSE I**, many of whom are prolific writers themselves. Her session - **Scribbles to Print** highlighted the journey of a book from scribbles to actually getting printed and published. She spoke of the role of an editor in publishing a book and the challenges and responsibilities one undertakes as an editor. She also spoke about designing the cover page of a book. Students enjoyed the session and learnt a lot in the one hour workshop. We thank Scholastic, our partner for reading and providing books for arranging the above sessions.



The students had the opportunity to discuss the current pandemic situation. They also discussed the current unit that they are studying i.e. difference in the education system in France and India. This interactive session definitely helped them to make connections and enhance their learning.



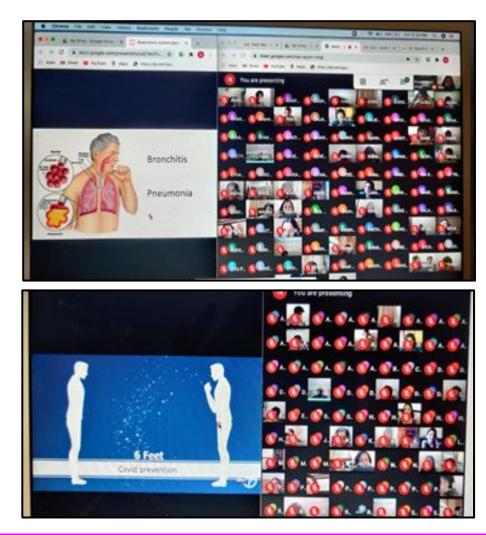




Interaction with Mme. Julie Richard

A very informative session was conducted by **Dr**. **Gaurang Desai** who is a general physician attached with Dr L H Hiranandani Hospital and who also has his own private practice at Powai. The students of **CP V** had the exclusive opportunity to interact with him to discuss the human respiratory system and the associated ailments - COVID 19 being one of them. Dr Desai patiently answered the million questions that our students had on the pandemic. Through his session he educated the kids about general hygiene and precautions that one must take during this period. He spoke about the cause and effects of the disease and what one must do to be safe.

Nutrition and health are on everyone's mind, especially now during the COVID era. In order to sensitise our little ones on the do's and don'ts of food and fitness we invited two experts from the field of health and nutrition to speak to our students of **CP I**. Our young students had a lot of questions for the speakers **Ms Dipti Lad**, Research Nutritionist with clinical research organizations and **Ms**. **Priya Gopalan**, B.P.Th, Paediatric Physiotherapist,Bethany Hospital who not only guided our students on healthy eating and exercises but also gave tips on how to be fit and happy during this lockdown period.

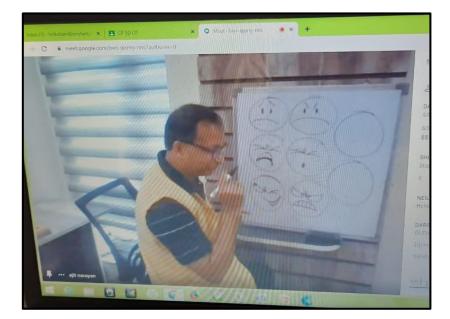




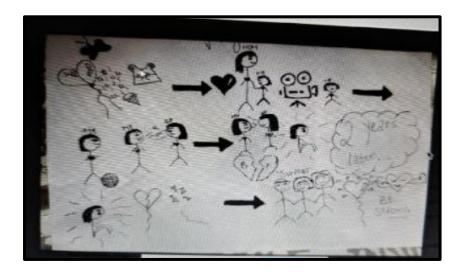
An engaging and memorable initiative was conducted by the school in collaboration with Scholastic, our partner for reading and providing books for arranging the above sessions to ignite the spark in students for reading books and being avid readers.

Ms Soumya Putta, author of the book Invincible Weapon, which was recognized as one of the top ten South Asian Children's books in 2018, spoke to our students of CP IV about her inspiration to write a book and the traditional Gurukul system which always fascinated her and is the setting in her book. Students enjoyed the enriching session and had many questions to ask her.

We had **Mr Ajit Narayan - Professional cartoonist and illustrator** speak to the students of CP V. He shared interesting hacks for drawing cartoons especially the face(eyes, eye brows, mouth) to express different emotions. Students were overjoyed to learn all about illustrating and had many questions. It was a unique experience for the children, one that they will not forget for a long time to come.



It is an absolute delight when your students pick up a new skill and apply it in the class. The students of IGCSE I used doodling to express their emotions, aspirations, feelings and anxieties in their English class. **Gratitude to art teacher Mr Ganesh Ulhalkar for guiding the students on the art of doodling.** The doodles created by the students were a reflection of their state of mind which according to them was easier to draw on paper than voice out in words. Kudos to the young minds whose fertile imaginations led to an interesting class and exchange of ideas.





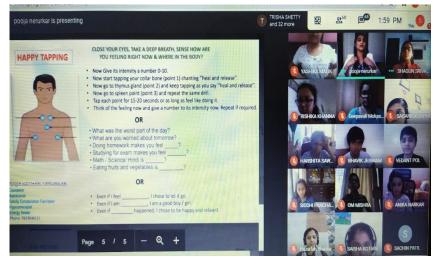
Good nutrition is always important, but during this pandemic, it's even more important because a well-balanced diet helps support a strong immune system.

A session was arranged by our Hindi department with **eminent nutritionist Ms. Pooja Nerurkar** on 18th July 2020.

Ms.Pooja spoke about the impact of nutrition and food on the cognitive development of students and how it improves their energy and concentration level. It was an interactive session wherein students discussed the impact of healthy diet on their physical and mental well-being.



A storytelling session by **author and illustrator Katie Bagli** was conducted for **Checkpoint II** students on 27th July 2020. Ms Katie narrated a story from her book **"The Less Known Lovables"**, and gave a realistic touch by using puppets and through voice modulations of the characters. The session was a resounding success as students were intrigued by the story and had numerous questions for the author.

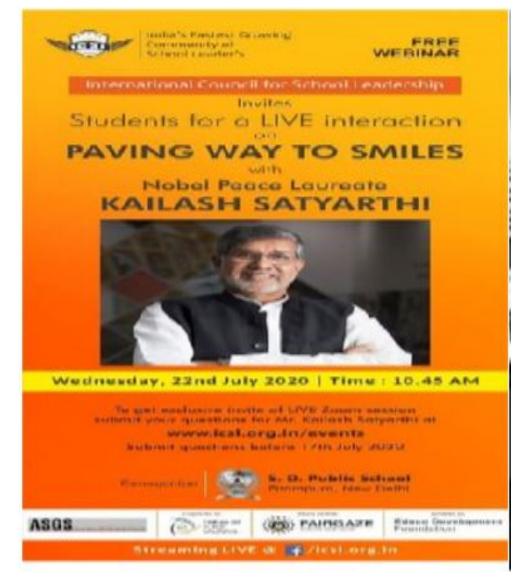


In today's increasingly interconnected and interdependent world, proficiency in other languages is a vital skill that gives an opportunity to engage with the world in a meaningful way

On 26th July 2020, **Mr. Riaan George, an eminent journalist** conducted a session for Checkpoint students, on the **importance of learning a foriegn language.**

It was an interactive and interesting session for the students where they learnt about different languages and their importance in the multicultural world of today.





Honeyika Hariani student of IGCSE II A got an opportunity to attend a live interactive session with **Nobel Peace Laureate Mr Kailash Satyarthi**.

It is very important for our students to take up such opportunities that will help them to develop life skills.



The **students of IB1, AS and IGCSE1 connected with their peers of Canisius Senior High School** (Indonesia) on the 13th August, 2020 over a dialogue session on the topic **Faith, Values and Communities.**

GENERATION GLOBAL, an initiative of Tony Blair Faith Foundation is a programme that helps imbibes a sense of global citizenship in students, and encourages them to be accepting of cultural differences.



The Center for Cyber Safety and Education (Center) is a non- profit charitable trust that aims to empower the public to secure their online life by supporting cyber security education and awareness in the community.

A Cyber Safety Session was conducted for our students and included topics like cyber bullying, online identity and image protection, social networking safety, and computer safety.

This presentation was done by **Col Jayant Khadilkar a telecom and information Security professional** who served the Indian army for over 29 years and **Ms**. **Guncha Malik, a Security Architect working with IBM**

In today's time when everyone is learning virtually it is vital to understand how to protect our children in cyberspace and teach them online safety techniques and make them cyber smart and responsible online. The panel of experts gave valuable insights with simple techniques to be cyber safe.



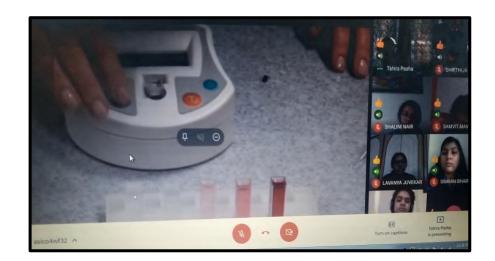
Anurag Inamdar from AS aspires to join the legal profession. Checkout his articles at <u>https://exhibitfive.home.blog/author/akinamdar</u> <u>3605/</u>

Simran Bhardwaj from AS has participated in Harmony 2020! an unique school level international event held by The Global Education & Leadership Foundation,



Online Lab experiments and simulation in Biology class of AS

'Let Covid-19 not stop your learning' and that's what happening in our school where our science teachers are using various lab simulations and pre -recorded videos on various experiments for online teaching since they do not have access to our labs during this pandemic.



Assemblies

The Class assembly of **Checkpoint III** on the theme "**Kindness**" was conducted on a virtual platform by the students on 18th Aug,2020 . Inspiring messages of kindness were interspersed with acts of kindness by students at home and in their community.The audience enjoyed the lively song and dance performances .The assembly concluded with a chorus song, **'All is Well'** that conveyed a message that we should stop worrying about problems and work towards finding solutions.







The students of **IBDP I** conducted an assembly on 8th, August 2020 wherein they portrayed the **IBDP Learners Profile**. Through inspirational real life experiences and examples of daily struggles, they put together a hope-giving and practical visual show. The students of **IGCSE1** conducted their virtual assembly on 31st July, 2020 replaying the best and the unforgettable moments of the Year 2020 thus far . **'2020 - A Rewind**' was intuitively explored and expertly assembled by the students using digital tools and relayed a message **'We're all in this together - So Stay Safe**'



Competitions

English Recitation Competition CP III-V

The theme of the event was HUMOUR - the much needed respite in these times. The students of CP III recited humorous poems, students of CP IV participated in an elocution competition with topics like - Ten famous dialogues of my mom during the lockdown, online teaching, boys gossip more than girls etc. and the students of CP V performed stand up comedy which had us in splits. It was an enjoyable day with the right amount of humour, an enormous amount of talent and oodles of confidence displayed by our little ones.

The Winners :

Grade III

1st Position - **Vihaan Varshneya CPIII B** 2nd Position - **Moksha Gupta and Riti Sawant CP III B** 3rd Position - **Anarghya.S CP III D**

Grade IV

1st Position - **Liora Manova CP IV C** 2nd Position - **Abbas Beg CP IV B** 3rd Position - **Tiya Survase CP IV C**

Grade V

1st Position - **Aarav Rathore CP V A** Position - **Reva Joshi CP V E** 3rd Position - **Neil Gawde CP V B**



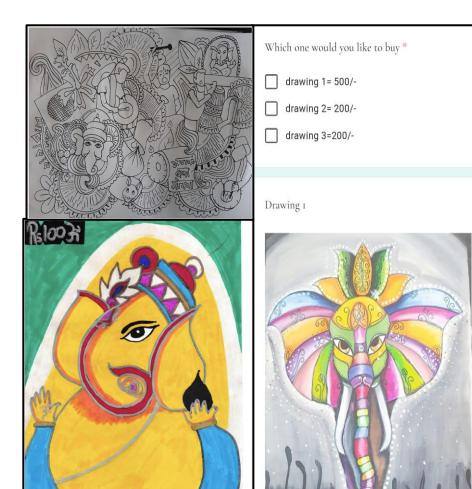


Active Learning

Students of **Checkpoint II** exhibited and sold their paintings based on the theme of Teacher's Day and Ganesha Festival, in a virtual classroom aptly named 'CELEBRATING MATH'.

The carnival started on Teacher's Day and continued for a week.

Students offered discounts on their paintings and calculated their percentage discounts, selling price, profit and loss. The real life application of these mathematical concepts was learnt by the students and gave them hands-on experience of doing a business.



Checkpoint II students did an integration of Art and Math, by making scale drawings of their house with a proper blueprint. They chose appropriate ratios with respect to real life measures and scale drawings.



Online Group Presentation by CP V- Continents.

While working on the project as a team students researched, collaborated, communicated and created a wealth of information This experience taught them to overcome adversities and obstacles and achieve the goal with what is available to them.





Active Learning

The Spanish students of IBDP 2 had a colourful celebration of the **San Fermin festival** celebrated annually in Pamplona from 6th July to 14th July. It is popular for the Bull Run. The students made interesting presentations on various popular festivals and compared them to different celebrations in India.



The students of **IBDP 1** celebrated language and culture in various Hispanic countries. They compared the greeting conventions, the naming culture and the family ethos of the Hispanic world with that of India.



Math & Science & Art - The Learning Machine. Our young mathematicians of CP III constructed a learning machine which helps in basic mathematical calculations, using their knowledge of science and Art. The Math and science teachers conducted integrated classes for students to make them understand concepts in their wholesomeness and not compartmentalized to individual subjects.





Active Learning

There was a collaborative learning of Math and English wherein Checkpoint I students created poems based on the theme of angles.

<mark>Angles poem</mark>

Angles, angles we are almost everywhere, is there any place where you can't find us?? We are of 6 types, some are perfect, some are not, some are cute some are ugly, some are fat some are not .but we all are a nice family. Come on let me introduce you to what our names are and why......

I am very cute but I am smaller than 90* who's my bigger sis 😕

So my name is acute angle 🙄

I am very fat the uncle of all angles, and bigger than 90* and

smaller than 180*.....so my name is Obtuse angle.

I am big but I still love my bow at the back of my frock which my dad gave me when I was small and I'm bigger than 180*and smaller than 360*so my name is Reflex angle,

I'm very simple and easy to understand. My favorite letter is L. when me and my sister touch our hands together we form a square. That's why my name is Right angle.

Don't forget two BROS are still left

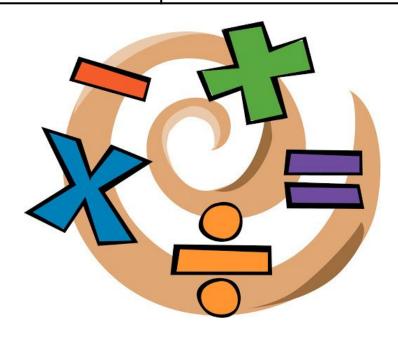
The first one is very thin and straight. His favorite letter is I . He is used everywhere,and measures 180* but not only in circles , and his name is straight line angle.

The second one is the 360*who is the grandpa of all and forms a whole circle.

SO THIS IS OUR BIG ANGLES FAMILY, WE ARE ANGLES ANGELSSSSSSS......

The students of **Checkpoint II** presented a skit based on the common vocabulary of French and English language.

à la carte	Literally – on the menu; in restaurants it refers to ordering individual dishes rather than a fixed-price meal
Attaché	A person attached to an embassy; in French it is also the past participle of the verb attacher (= to fasten, to tighten, to be linked)
Bon voyage	Literally "good journey"; have a good trip!
Crème de la crème	Best of the best, "cream of the cream," used to describe highly skilled people or objects.
Façade	The front view of an edifice (from the Italian facciata, or face); a fake persona, as in "putting on a façade"



CURIOUS MINDS- SCIENCE CLUB

"The important thing is to never stop questioning" -Albert Einstein

Learning by doing and learning by living are two essentials of learning science. The most popular activity of last year, **Science Club** which is now known as **CURIOUS MINDS** commenced in August 2020 for Checkpoint students.

The club aims at conducting fun and engaging scientific investigations/ experiments to promote inquisitiveness and inculcate scientific temper among the students.

Dr. SANJAY GOKARN (Chief mentor at the Nehru Science Centre), enlightened the students about the alternative sources of energy and the different developments in the field of science.

Apart from attending meaningful sessions, students also actively participate in various competitions and kitchen experiments.







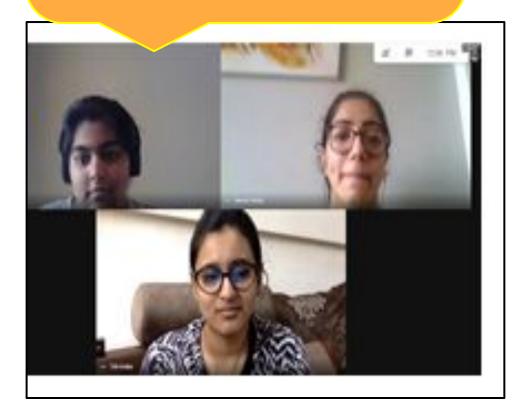




Alumni Connections

Aligning our peer mentoring programmes in the current pandemic situation ,we found that these sessions benefit students to develop and foster learning skills,ensures smooth transition with areas of difficulties and also raises awareness and nurtures self management skills. Our student Alumni Tithi Arekar,Sanemi Shetty,Sogand Fotoohi and Manya Tandon have voluntarily participated in these sessions to motivate student learning Visual Arts,in the IB programme .

Sharanyaa Nair - "Peer mentoring for my visual arts class has helped me alot! I've gained more perspective and tips on how to make my artworks and internal assessments better. Lastly, the discussions are engaging and fruitful, which also aids me in making my ideas into concrete layouts.



Alumni from the IGCSE Art & Design background ,Mayuree Kumkar,Aarya Kudtarkar and Avani Vartak spoke to the current batch of **IGCSE II** students and shared tips on Artmaking skills.

"I loved sharing my IGCSE art experience with my juniors. It was fulfilling to share tips with them about time management and how we balanced other academic subjects with art. Dedicating hours to Art along with other subjects also prepared us to multi-task, something I found useful in the next two years doing the IBDP program!"-**Mayuree Kumkar,Alumni IBDP**.



The **IB1** students have been lending a helping hand to each other in subjects like Maths and Chemistry. The students have been studying together virtually and challenging themselves by undertaking certain tests together. There are some tech-savvy students who have been helping other students to learn new softwares to edit videos and pictures.

Opportunities for teachers

Our teachers are invited by different schools and by Members of International Schools Association to share their expertise on the Cambridge curriculum

Teachers attended **MISA Cell Meet** for IGCSE which was conducted from 25th July to 24th August 2020 on different subjects.In this a senior subject teacher shares his/her expertise with other educators.

MISA cell meet was conducted for A level on 29th July for Biology, Psychology and English; Head facilitators were Ms. Tahira Pasha & Ms. Aparna Das and Ms. Zehra was the co-facilitator.









Peek into IEYC I

Little IEYCians amaze us with their resilience and adaptability to the current online education. Here's a small glimpse showcasing their enthusiasm and zeal as they participate in the various activities such as Friendship Day, Independence Day celebration, Art and Craft activities, Kindness drive and Exit Point activity.



Busy at work



Cute Baghat Singh



I love my national flag



Dav 3 Day





Look at my Stans, Moon & Sun



Now I know everything about day & night



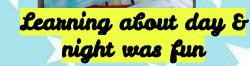
I love ant & craft



I love my plants



Look I can fold my clothes





Peek into IEYC II



Sowing seeds with love



I love my plants!



2 Little Dickie Bind



Helping my Grandma



Give me blood and I will give you freedom



I am the brave Rani of Jhansi



My beautiful 3D umbrella card



Fun Activity using palm print

Peek into IEYC III



Planting a promise



Best out of waste



I want to do organic fanming when i grow up



l love pets



Thank you for helping us



So this is what my skeleton looks like



Rani Chennamma



Helping mom to make Gutter milk



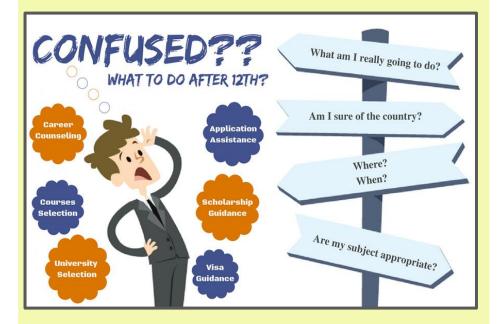
Dadda and me making chapatis

Career Counselling Initiatives

We wish to equip students with deeper understanding of University search, profile building and enable them to plan better towards their educational and professional goals .A User session was organized for parents and students from grades Checkpoint III to IBDP & A Levels with Cialfo ,our University portal whom we have partnered with to facilitate application processes .This session focused on navigation through the different features on the Cialfo platform and managing student information and documents for future University application processes.

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University Webinars-



Students got the opportunity to engage in University Fairs through many webfairs where they could virtually ask queries with representatives from Universities across the world, look at the different programs offered and understand the application processes.

To list a few ,KIC Univ Assist, IC3, OCAD,University of Arizona, KREA, Ashoka University, SCAD, College Board are some of the Universities students got to interact through various webinars. We aim to improve students' decision making skills,building

interpersonal effectiveness and maximize career support through our endeavours.

Counselling Initiatives

The BSSMSEI Counselling Centre is a team of psychologists and special educators, that ensures that mental health and inclusion is not addressed in a vacuum.

We are happy to share with you that the Counselling Centre won the Making Quality Happen trophy for our institution, organized by Indian Merchant Chambers Ramkrishna Bajaj National Quality Award on 23rd June 2020, for the institution's best practice of integrating mental health into education.



During the lockdown, the Counselling Centre has been working behind the scenes with students, parents and teachers addressing issues of mental health posed by the pandemic. The psychologists and special educators of the Counselling Centre held timely interactive online workshops with parents and teachers and equipped them with strategies that would help in the above situations. Zoomper Duper Classrooms – with CP Teachers on 30th May2020

Connecting the Tots – with IEYC Teachers on 1st June 2020

A tutorial in Mind Make up – with Chpt, IG, AS/AL and IB Teachers on 3rd June 2020

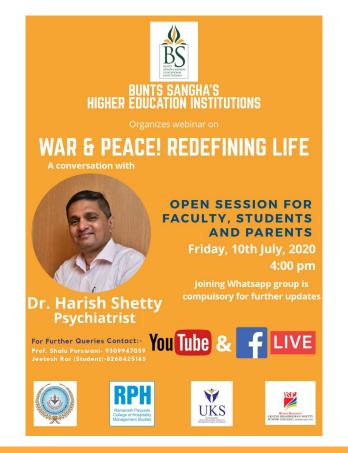
Canvas & Paper Boats: Sailing through the Pandemic – with Parents of CP 1& 2 on 1st June 2020

Tots in Virtual Land – with IEYC parents on 8th August 2020

Students too had interactive sessions with their counsellors:

What the F! (Fight-Flight-Freeze and Fact-Fun-Faith) – with students of AL and IB on 17th July 2020 Mind-in Pandemic – with students of IG1 on 6th August 2020

Parents had an opportunity to listen to eminent psychiatrist Dr Harish Shetty on 25th July 2020 on "Parenting in the Times of COVID". The full video can be watched on **https://youtu.be/YX6uTPsn3x4**



Counselling Initiatives

On 31st August 2020, The Counselling Centre hosted a webinar on **LINKS – a Multi-Disciplinary** Approach to Special Education, with in-house panelists and guest speakers like Dr Kinjal Chandra (Pediatric Occupational Therapist), Ms Nishat Imam – Principal Incharge and Special Educator at Suvidya, SOPAN, and Mrs Jayanti R. an ex-parent of our school, who spoke of her experiences of collaborating with multiple professionals for her child diagnosed with ASD, now 19 years of age. The webinar highlighted the need for acceptance, focus on child's strengths and the safety net available to a family to raise a child with different abilities. The theme running through the webinar was the importance of linking and fostering a healthy partnership between the various therapists, parents and the school with a firm focus on best outcomes for the child. For full video, watch https://youtu.be/wDmTrbLcNDc

There's more to come from the Counselling Centre. Watch this space!!

Pratima Bhandarkar

Head, Counselling Centre



A discussion forum was organized on August 24th where teachers were encouraged to discuss issues pertaining to professional or personal life. This was an initiative by **Dr. Harish Shetty** conducted in an effort to cope with the anxiety and distress during the pandemic situation.